

LAKE COUNTY SENIOR NEWS



December 2018

UPCOMING EVENTS >>>

- **Monday, December 3rd:**
Blackhawk. Van leaves at 7:30.
Full day. Call Clo for a reservation
or for more info. 719-486-1170.
- **Thursday, December 6th at Noon:**
Potluck. Senior Center provides the
main dish. Bring a little something
or recommended donation of \$2.
Join us either way!
- **Monday, December 10th at 9:00.**
Walmart and lunch. Call to reserve
your spot.
- **Thursday, December 13th at Noon.**
Lunch & Learn Series: Estate
Planning. Call for a lunch
reservation. Suggested \$2 donation.
- **Monday, December 17th at 3:30.**
Annual Christmas Dinner at the
Elks Club. Dinner will be served
after Bingo. You must make a
reservation for dinner. 486-1774.
- **Thursday, December 20th from
8:00-9:00.** Big Breakfast & good
coffee at the Senior Center!
Suggested donation of \$2. RSVP.
- **December 24th & 25th:** Senior
Center is closed for the holidays.

CONTACT US >>>

For more information or to RSVP for
any of our programs or events, contact
the Lake County Senior Center:

719-486-1774

421 W. 6th St., Leadville, CO 80461



Next Lunch & Learn is December 13:

Elements of Estate Planning

Guest Column by: **Katy Welter**
Rocky Mountain General Counsel

Estate planning is the process of making decisions about your care, finances, and the distribution of your assets before you are unable to do so. This plan can include several important documents: medical and financial powers of attorney, an advanced healthcare directive, trusts, and, of course, a will.

What's in a will?

A cornerstone of the estate plan, the will sets out, among other things: **what** will become of your estate, **how** to care for children or special needs beneficiaries, and **who** will ensure that your wishes are followed.

A will names beneficiaries—that is, who will receive *specific* gifts (often heirlooms such as a grandmother's wedding ring) as well as the remainder of your estate (i.e., real estate, investments, and other assets). If you currently provide for any children or persons with special needs, then a will can name guardians for their care and establish trusts to safeguard their inheritance. A will also appoints a personal representative—a trusted and capable person to carry out your wishes after you pass.

Without a properly drafted and executed will in place, the State of Colorado makes these decisions for you. This can result in undesirable outcomes, especially for individuals with no spouse or children, or those with blended families. And while a will is essential, it is only one part of the estate plan: for example, it does not, on its own, avoid probate; nor does it plan for your incapacity while you are living. You'll want a complete estate plan to carry out all of your goals for yourself and your family.

Learn more from Katy Welter of Rocky Mountain General Counsel at the December Lunch and Learn: Elements of Estate Planning, Thursday, Dec. 13 at noon. Katy can be contacted at 719-581-2009.

FEATURED EVENTS >>>



Photos from our last Lunch & Learn at St. Vincent Hospital on November 8. The ambulance and helicopter tour were a hit! We learned a lot about the changes and new programs from the hospital CEO. We also learned that St. Vincent will be breaking ground on a new facility in 2019!



OTHER NEWS YOU CAN USE >>>

- Do you need a ride to the Senior Center for lunch? Or do you need a meal delivered to your home while recovering from an injury or surgery? We can provide transportation and the meal! Just call and let us know what you need. 719-486-1774.
- Did you know that the Senior Center has a Food Bank? Anyone regardless of age can access the non-perishable food items on Tuesdays, Wednesdays & Fridays between the hours of 8:30-11:30 A.M. Our food bank is sustained by the generous donations from individuals and the Neighbors Helping Neighbors food share program.
- Every Wednesday at 1:00 the Senior Center provides transportation for errand running anywhere in Lake County! Please call and let us know what you need and to make a reservation. 486-1774.
- **Please note:** there will be no Congregate Meal served on December 25th, 26th or 28th. Wednesday shopping will still be provided on December 26th at 1:00. Please call 486-1774 for a ride.
- Do you have any ideas for a fun activity or day trip? We will strongly consider any ideas. Please email or call Judy with your ideas: LakeCountySeniorCenter@gmail.com or 486-1774.

VOLUNTEER SPOTLIGHT >>>



Mary Ebuna

by: Tim Diamond

Mary Ebuna has been one of our Meals on Wheels dutiful soldiers at the Senior Center. She explains that there are three routes to this service: “east side, west side and out of town...and I got to know all three.” Mary estimates that “there must be 25-50 meals delivered a day...and these people are home-bound. We really boost their spirits.

Mary has lived in Colorado most of her life, and went to college at CSU in Ft. Collins and UNC in Greeley, where she met her husband Tim. Leadville residents for 44 years, they raised three sons, and are now raising one of their two granddaughters (Taylor, a frequent visitor to the Center). Mary taught at Colorado Mountain College (Spanish & GED) before retiring. They are moving to Salida soon but promise to come back & visit often. We hope so! Mary has been one of our brightest lights. Thanks Mary for your service!