

LAKE COUNTY SENIOR NEWS



February 2019

UPCOMING EVENTS >>>

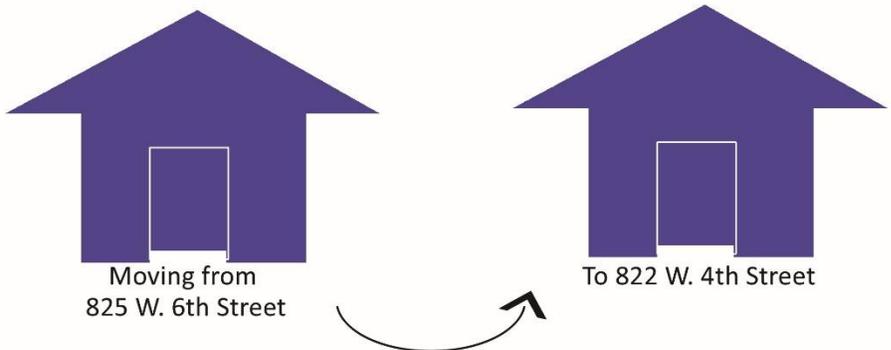
- **Thursday, February 7th at Noon.** Potluck. Senior Center provides the main dish. Bring a little something or \$2 donation. Join us either way!
- **Thursday, February 7th at 1:00.** Music Hour at the Senior Center.
- **Friday, February 8th at 6-9 p.m.** Spirits in the Shaft at the National Mining Hall of Fame Museum. Tickets are \$40; Senior Center provides transportation to & from event. Call Judy for more information 486-1774.
- **Monday, February 11th at 10:00** Senior Advisory Council.
- **Thursday, February 14th at Noon: Lunch & Learn Series; Valentine's Day Baking Demonstration. Bake & Eat!** Call for a reservation. Suggested \$2 donation.
- **Thursday, February 21st 10:30-11:30: Brunch!** Suggested \$2 donation. Call for a reservation.

St. Vincent Medical Clinic is moving!



The medical offices of Gary Petry, MD and Taryn Barrette, PA-C will be located in St. Vincent Hospital beginning **Monday 01/28/19.**

Lake County Public Health Agency (LCPHA) will occupy the clinic space at 825 W. 6th Street beginning in February 2019.



Dear Medical Clinic Patient, Thank you for your patience while we make room for expanded services. A shared campus with LCPHA promotes opportunities to improve health care through creating a collaborative environment for prevention, intervention, and treatment.

Beginning January 28, when you come to St. Vincent Medical Clinic please park in the patient parking area near the hospital entrance and enter through the main hospital doors at 822 W. 4th Street. The reception desk will direct you to the clinic registration desk.

Clinic phone: 719-486-1264 Clinic fax: 719-486-1286

The phone and fax numbers for St. Vincent Medical Clinic will not change



CONTACT US >>>

For more information or to RSVP for any of our programs or events, contact the Lake County Senior Center:

719-486-1774
421 W. 6th St., Leadville, CO 80461

OTHER NEWS YOU CAN USE >>>

- Walmart & Lunch in Salida: Thursday, February 28th. Van leaves at 9:00. Call for a ride.
- Every Wednesday at 1:00. Shopping & errands in Lake County. Call for a ride.

FEATURED EVENT >>>

Lunch & Learn: Thursday, February 14, 2019

Please join us for a **Valentine's Day celebration** at the Senior Center on February 14th at Noon. We will showcase our very own Clo Gallegos and Loretta Barela as they conduct baking demonstrations for Valentine's Day. Clo will show us how to make sopaipillas, and Loretta will demonstrate how to make and decorate sugar cookies. After lunch, we will enjoy these tasty treats. Please call for a reservation. \$2 suggested donation.

Coordinator's Corner >>>

by Judy Mayne

Time change to the Senior Center's monthly breakfast.

We are making a new change in our programming. Our attendance hasn't been steady with our monthly breakfast, so we have decided to change the time to a little later in the morning in hopes of attracting more folks to this monthly event. We will start on Thursday, February 21st and serve brunch from 10:30-11:30 a.m. This will hopefully allow more time to get going with morning obligations before settling in with a full breakfast/brunch. This is a flexible menu, and we welcome your input and requests. Please join us and try something different and meet new people! As always, please let us know that you will be attending so that we can prepare enough food.

Volunteers needed!

We are looking for volunteers to help with the delivery of Meals on Wheels. It generally takes only a couple of hours from start to finish. You can be reimbursed for your mileage and you get to pick which day you want to volunteer. We have volunteers who deliver once per week, others more. Any amount of time that you can devote will really help us out! Please call Loretta if interested.

Calling all musicians!

Do you play an instrument but haven't picked it up in decades? It's time to bring it out of the closet and enjoy learning and practicing with others. Research shows that making music is good for the brain and may delay the onset of some of the mental decline of aging.

So, dust off your instrument or voice and **join us at the Senior Center on Thursday, February 7th at 1:00**. If your voice is your instrument, come and lead us as we squeak our way through our practice session. You don't need to be an expert at your instrument; we are all learning and practicing together. The Senior Center will supply some music, but if you have a favorite, please bring it. The goal is to have some fun! Call Judy with any questions at 486-1774.

VOLUNTEER SPOTLIGHT >>>

Jeri Chavez

by: Tim Diamond



Jeri is an integral member of our volunteer team. She delivers meals and just loves "visiting with the people." Most live alone, she explains, so she tries to spend time visiting when possible. It's a time-crunch, because we need more volunteers to spread out the delivery-load. Jeri joined us through word of mouth. A lifelong resident of Colorado, Jeri grew up outside of Denver, graduated from UNC-Greeley, then taught in New Mexico where, as fate would have it, met her husband Jerry. They returned to Leadville in the mid-70's where Jeri taught "every grade from kindergarten through community college." One of her favorite subjects was bi-lingual education, "but I liked them all." In the intervening years, Jeri & husband had two children who have produced 3 grandchildren. "I'd spend more time at the Center, but those grandkids and my 91-year-old mother need me," says Jeri. We understand, Jeri, and are grateful for the time, effort, and exuberance you offer to us!