

LAKE COUNTY SENIOR NEWS



SENIOR
MASTER
PLAN

LIVING AND AGING WELL IN LAKE COUNTY

UPCOMING EVENTS >>>

June 2019

- **Thursday, June 6th 11:00-1:00.**
Picnic at the Kiddie Corral Park.
\$2 for fried chicken! Please RSVP.
- **Thursday, June 13th at 11:00.**
Potluck at Huck Finn Park. Bring a side to share with chili or \$2.
- **Monday, June 17th: Blackhawk.**
Van departs at 7:30. Excursion Fee: \$5; plus breakfast and fun money. Call Clo for more info at 486-1170.
- **Tuesday, June 18th 11:30-1:30.**
UAACOG is at the Senior Center. Resources, referrals and applications are provided.
- **Thursday, June 20th at 10:30.**
Brunch. Serving breakfast burritos for \$2! Yummy! Please RSVP.
- **Thursday, June 20th at 12:30. Free Golf Lessons** at Mt. Massive Golf Course.
- **Monday, June 24th. Celestial Seasonings Tour & lunch** in Boulder. Excursion Fee: \$5.
- **Thursday, June 27th. Walmart & lunch** in Salida. Van departs at 9:00. Call for a ride.
- **Sunday, June 30th at 2:00. Tabor Opera House 101st Army Band concert.** Free.



The Senior Center will soon have two 8-passenger, ADA compliant vans, thanks to funding from CDOT, The Colorado Trust, and the BOCC.

A second van will arrive this fall.

Senior Master Plan Update

by Katie Baldassar
Director, Lake County Build a Generation

Many improvements have been made—and much more remains to be done. This was the key message from the Senior Master Plan update, held on May 2 at the Senior Center's Lunch & Learn.

Last year's successes included the physical improvements to the Senior Center—such as updated bathrooms and lighting, new flooring, and a new forced air heating system. Last year also saw a new monthly newsletter for Seniors, a new monthly Lunch & Learn series, and a new monthly brunch.

The senior transportation program was also formalized and improved last year. A highlight has been the addition of a new 8-passenger, ADA compliant van—and the news that another one is coming in the fall. Both vans were purchased through grants from the Colorado Department of Transportation, with matching funding coming from The Colorado Trust and Lake County Board of County Commissioners.

Those present at the May 2 meeting were also asked about their top priorities for 2019. Overwhelmingly, those in attendance wanted a focus on hiring a back-up cook. Other ideas included increasing outreach; helping seniors find trusted community members to perform home repairs; and seeking additional funding to expand programming.

The ideas that emerged from the meeting will now go to the Senior Advisory Council, who will recommend priorities for the next year to the Board of County Commissioners. Updates will continue to be printed in this newsletter, and another community-wide update will be held in May 2020.

CONTACT US >>>

For more information or to RSVP for any of our programs or events, contact the Lake County Senior Center:

719-486-1774

421 W. 6th St., Leadville, CO 80461

FEATURED EVENTS >>>

Summer Potlucks at Huck Finn Park

In the spirit of enjoying our limited warm weather months, we will be having summer potlucks at the Huck Finn Park with our first potluck on **Thursday, June 13, from 11-1**. The picnic area is across from the parking lot of the Senior Center. Bring your grandchildren and/or well-behaved dog. There is a playground as well as skate & dog parks next to the picnic tables. Chili will be provided. Suggested sides: cornbread, chips, veggies & dip, dessert, soda pop, etc. RSVP.

Free Events in June

- Mt. Massive Golf Course is providing seniors with **free golf lessons** on **Thursday, June 20, at 12:30!** Join us and practice your swing and putting. It's fun and informal. Just show up or call us for a ride. Call Bob Vigil for more info: 719-293-5485.
- On **Sunday, June 30, at 2:00**, join us for a **free concert** at the Tabor Opera House. The **101st Army Band** will perform. Enjoy Leadville's historic national treasure. Call for a ride or meet us there.

Celestial Seasonings Tour, Lunch & Pearl Street

Our first summer excursion to Boulder departs at 9:00 on **Monday, June 24!** Visit the Celestial Seasonings headquarters and unlock the mysteries of tea with a 30-minute guided tea tour. After the tour we will eat lunch on-site at the Celestial Café. Prices on the lunch menu range from \$6.50-\$10.95 (without drinks). Sack lunches are not allowed inside the Celestial Café, but you can bring your own lunch and eat outside. After lunch, walk/shop on historic Pearl Street Mall. We will be back by 6:00. **Excursion Fee: \$5**; bring money for lunch & shopping/snacks. Hurry & sign-up; this trip will fill.

PLANNING AHEAD>>>

Signing up for Upcoming Excursions

If you want to go on any upcoming excursions (will be listed in the newsletter each month), please stop by the Senior Center, pay the Excursion Fee (cash or check), and staff will sign you up for the trip. A waitlist will be maintained for each trip that is full. If you pay the excursion fee but need to cancel later, there are two options for a refund of the fee: receive a credit toward a future excursion of your choice; or have a senior refund you directly who is taking your place from the waitlist. There are no refunds to pre-paid events (such as games at the Pepsi Center or Coors Field) unless you can find someone to pay you for your ticket. The Excursion Fee **does not** apply to Wednesday Shopping, Walmart trips or fun outings in Lake County. Call the Senior Center with questions!

OTHER NEWS YOU CAN USE >>>

- Join the Cloud City Farm (6th and McWethy) Saturdays from 10-2 for volunteering or just to check out what's growing in the greenhouse. Also visit their website, www.C4leadville.org, to learn more about their different programs and to sign-up for their news emails.
- It seems like everyone is looking for volunteers and the Senior Center is no exception. Do you have two hours to give (once a week)? If so, please consider devoting your two hours to the Meals on Wheels delivery program. You will receive training, mileage reimbursement, and a sense of accomplishment. You will also experience fun and comradery with other volunteers. Please contact the Senior Center to donate two hours of your time!

VOLUNTEER SPOTLIGHT >>>



Sue Johnson

by: Agnes Fabian

Sue Johnson is a familiar face at the Senior Center. She has attended and volunteered for about 8 years. She donates to the food bank on a regular basis and uses her artistic talent to highlight the menu each day.

Sue has been a Leadville resident for 22 years, arriving here to be the principal of the Lake County Intermediate School. Health reasons caused her to leave that position, and she is now semi-retired but has worked part-time as a Mary Kay representative for more than 20 years.

Since her father was a career man in the Air Force, she has lived in many places, along with her two siblings. Her sister, Annie Livingston-Garret, is also a Leadville resident. Sue has two adult children who live in Colorado, two grandsons and a cat who is a lovely companion.

Sue loves gardening and leisurely hikes and walks, as well as socializing at the Senior Center.