

LAKE COUNTY SENIOR NEWS



SENIOR
MASTER
PLAN

LIVING AND AGING WELL IN LAKE COUNTY

UPCOMING EVENTS >>>

May 2019

- **Thursday, May 2nd at Noon. Lunch & Learn Series:** Senior Master Plan Community Meeting & catered lunch. Please RSVP.
- **Monday, May 13th at 10:00.** Senior Advisory Council. All are welcome to attend.
- **Monday, May 13th. 7:30-4:00.** Iron Mountain Hot Springs in Glenwood Springs. \$20 entry fee plus lunch.
- **Thursday, May 16th at 10:30.** Brunch. \$2 donation. Please RSVP.
- **Monday, May 20th:** Blackhawk. Van departs at 7:30 & returns by 6:30. Call Clo for more info; 486-1170.
- **Thursday, May 23rd from 11-1.** Picnic at Ice Palace Park. If inclement weather, lunch will be at the Senior Center. \$2 donation. Please RSVP.
- **Thursday, May 30th.** Rockies Game at 1:10. Full day! \$15 per ticket plus lunch & dinner. Trip is full. Call Judy to get on waitlist.
- **Thursday, May 30th at 9:00.** Walmart & lunch in Salida.



Coordinator's Corner: Program Updates by Judy Mayne

With signs of spring around us, there is a lot to look forward to after experiencing such a heavy winter. One of the things that we can look forward to is a **catered lunch** for our May Lunch & Learn. On **Thursday, May 2nd from noon-2:00**, we will have a presentation on the first-year review of the **Senior Master Plan**. On that day, you will also get to see our newly acquired van from the CDOT grant that was awarded to the Senior Center over one year ago. The CDOT funds were finally released and at the time of this writing, the new van will be delivered in the next week or two. This will allow us to increase capacity for our fun day trips. In this newsletter, I have highlighted the excursions for the rest of the calendar year so that you can plan and see how the Senior Master Plan is addressing the social needs of the senior community.

A new change: a **small fee** will be charged on each excursion to help defray the cost of fuel. The Senior Advisory Council made this recommendation last fall. The fee will not be applied to medical appointments, Wednesday shopping trips or excursions within Lake County. The fee will only apply to fun excursions outside of Leadville or Twin Lakes. We will start this fee **effective June 1**. We will have sign-up sheets for each month's excursions for the corresponding month. The fee will need to be paid in advance of the trip when you sign up and a receipt will be issued. Most trips are expected to fill so please sign up early after receiving the newsletter. A waitlist will be used for each excursion when a trip fills to capacity. Please let me know (or any of the staff or Advisory Council members) if the fee is a barrier to signing up for the trip. We do not want a financial barrier to get in the way of you having a fun outing. All excursions are for seniors who are least 60 years of age. Please let me know if you have questions about the fee or the sign-up process. Although this is a difficult change, it will allow the Senior Center to expand the amount of fun excursions. Thank you for your patience in this transition.

CONTACT US >>>

For more information or to RSVP for any of our programs or events, contact the Lake County Senior Center:

719-486-1774

421 W. 6th St., Leadville, CO 80461

FEATURED EVENTS >>>

Senior Master Plan Community Meeting & Lunch

Please join us for our next Lunch and Learn on **Thursday, May 2 from 12-2**. The County will be providing a catered lunch as we celebrate the one-year implementation of the Senior Master Plan. The community partners will be invited as well. We will be providing updates on the progress made in 2018 and 2019. We will also focus on the goals for the rest of the year. Please RSVP for this important meeting so that we can have enough lunch for everyone!

Iron Mountain Hot Springs at Glenwood Springs

On **Monday, May 13**, we are offering an excursion to soak in the hot springs. The Iron Mountain Hot Springs is a therapeutic, natural hot springs located on the banks of the Colorado River in Glenwood Springs. It was developed in 2015 and it is about a mile from the larger hot springs that are located off I-70. Iron Mountain has 18 small pools. There is a **\$20 entry fee**. Lunch and snacks are available at their Sopris Café. **They do not allow you to bring in your own food or drinks**. You will be back in Leadville by 4:00. Drive time is approximately two hours each way. For more info, or to sign up, call Judy at 719-486-1774.

Summer Picnic Series is back!

Join us for our first summer picnic on **Thursday, May 23 at 11:00 at Ice Palace Park** (near the library). If we have freezing rain or snow, we will have our picnic indoors at the Senior Center. Please call if you are uncertain about the location. Your RSVP can help us plan for enough food for everyone! \$2 recommended donation.

PLANNING AHEAD: Upcoming Excursions

- Monday, **June 10**: Celestial Seasonings Tea Tour & Lunch in Boulder. Cost: \$5 plus lunch.
- Sunday, **June 30**: Tabor Opera House; 101st Army Band concert; Free.
- Monday, **July 22**: TBA; save the date.
- Thursday, **August 29**: Frisco Bay Marina and Frisco Historic Park & Museum. Cost: \$3 plus lunch and optional boat tour.
- Thursday, **September 19**: Fall Color Tour in Lake County. Free.
- Monday, **September 23**: Independence Pass, Maroon Bells & lunch in Aspen. Cost: \$3 plus lunch.
- Monday, **October 7**: Denver Mint and State Capitol Tours: Cost: \$5 plus lunch.
- Monday, **November 4**: Denver Zoo. Cost: \$5 plus lunch.
- Monday, **November 11**: Denver Botanical Gardens. Cost: \$5 plus lunch.
- Monday, **December 2**: Hammond's Candy Factory Tour and holiday shopping at Colorado Mills in metro Denver. Cost: \$5 plus lunch.

Sign-up sheets will only be available for the current month of the excursions (you won't be able to sign up today for a trip in September). Upon receiving the newsletter each month, please come by and sign-up and pay the fee. Each excursion will be highlighted in the newsletter with details of the trip so that you can adequately plan. A waitlist will be provided for each excursion that is full.

OTHER NEWS YOU CAN USE >>>

The Diamond Tour to San Antonio & Padre Island National Seashore has a few seats available. The \$75 deposit is due May 8 to reserve your seat. For more info, call Debbie Lysne at 719-486-0452.

VOLUNTEER SPOTLIGHT >>>



Robin Diester

by: Agnes Fabian

Robin has helped to deliver Meals on Wheels for a year and a half and loves seeing the people in their homes and enjoys interacting with them. Robin has been in Leadville about 30 years and has immersed herself into the community which she loves. Originally from the front range, she lived 15 years in the Ozarks, then moved to Leadville when her husband was employed at Climax mine. She has a grown son who lives elsewhere.

After retiring, Robin worked at the local library with the children's program for 25 years and now volunteers at the Tabor Opera House. Other interests and hobbies include Walking with Ease, swimming, book club member for past 25 years, and assists her husband with his many community activities. Robin plans to be more active in quilting and spending more time with her elderly mother who still lives in her own home in Northglenn, CO.

Thank you Robin; we all enjoy your cheerful and caring attitude!