

LAKE COUNTY SENIOR NEWS



JUNE, 2018

UPCOMING EVENTS >>>

- **Tuesdays, Wednesdays, Fridays:** Serving lunch at the Center (**Noon**). Meals on Wheels delivered.
- **Most Thursdays:** Potluck excluding the 4th Thursday of each month. **Noon** at the Senior Center
- **Wednesday Afternoons:** Safeway and in-town errands. Leaving the Center at **1:00**. Pick up from your home is available. Call 486-1774.
- **Thursday, June 7. 11:30** Senior Picnic at Kendrick Park. RSVP at 486-1774.
- **Monday, June 11.** Senior Advisory Board. All are welcome to attend. **10:00**
- **Thursday, June 14. Lunch'n Learn Series.** **Noon** at the Senior Center. Public Health, LCBAG will be presenting.
- **Monday, June 18.** Blackhawk. Leaving at **7:30** from Senior Center. Call Bob for more info 719-293-5485.
- **Thursday, June 28.** Walmart and lunch at McDonalds (in Salida). Leaving at **9:00** from Senior Center. Call for a ride. 486-1774.



*Judy Mayne, Aging Well Coordinator, at Master Plan Meeting May 24, 2018;
Photo Credit: Ned Warner, LCBAG*

Senior Master Plan Community Night Presentation to seniors and the community

By: Katie Baldassar, Director of Build A Generation

On May 14, 2018, we had a great turn out at CMC for the final community meeting on the Senior Master Plan. Katie Baldassar, Director of Build A Generation, and Colleen Nielsen, Director of the Lake County Public Health Agency, facilitated a community presentation that included 13 community partners sharing their commitments to Lake County seniors.

A highlight of the meeting was the time different agencies spent announcing their commitments to seniors. For example, the Lake County Public Library and the Lake County Public Health Agency committed to undertaking a feasibility study for a joint Library-Senior Center. The Colorado Mountain College committed to offering a “senior nutrition” class and better advertising its 50% discount for seniors (62 and over) on credit classes. The Cloud City Conservation Center committed to connecting seniors to its community greenhouse and providing fresh produce to the Senior Center. The City of Leadville also committed \$5,000 this year toward funding the Aging Well program.

To help implement the plan, Lake County Government has created an Aging Well Coordinator position within the Lake County Public Health Department. With the help of the Senior Advisory Board, this position will oversee and expand services at the Senior Center. Please welcome Judy Mayne, who started in the position in April!

If you weren't able to attend, please join us at the Senior Center on June 14, 2018 at noon for a free lunch & presentation of the Senior Master Plan.

Featured Upcoming Events

FISHING TRIP AT TURQUOISE LAKE: Monday, June 4, 2018

Join Ed Solder for a fishing trip to Turquoise Lake. Enjoy the company of Ed and other seniors for a couple of hours of fishing. Bring your own pole. If you don't have one, you may be able to borrow one. Ed is going to teach Intro to Fishing plus he will show how to skin up your catch. After you have caught your fish, join Ed at the Senior Center to learn how to prepare your newly caught lunch! Additional sides will be provided for your lunch. Limited to 8 participants. (other trips are being planned this summer if you can't make it this time). FEE: \$1 for a fishing license which is good for the year! We will help you obtain it locally. Picture ID is required for a fishing license. Transportation will be provided from the Senior Center. The bus will be leaving at 8:30 a.m. To reserve your spot, call the Center at 486-1774.

SUMMER PICNIC AT THE PARK! Thursday, June 7, 2018 at 11:30.

The County generously provides the food and drinks and all you have to do is show up! Meet us at Kendrick Park (next to the golf course) at 11:30. RSVP at 486-1774. If you need a ride, call us! Bring a jacket and sunscreen.

ROCKIES vs. PADRES GAME! Thursday, August 23, 2018. Game starts at 1:10. Tickets are \$11. Call now to reserve your spot on the bus! 486-1774. Dinner after.

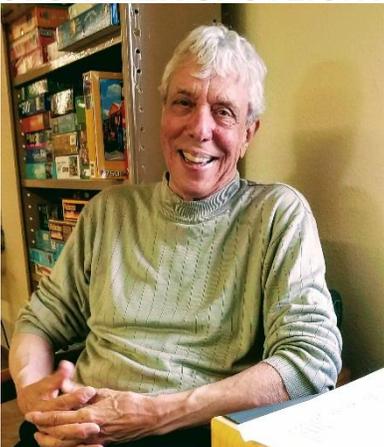
UAACOG NEWS >>>

- Did you know that our Area Agency on Aging in Salida can provide up to \$300 for Vision and Dental needs? Call Janice at 719-539-3341 for more information and/or to see if you qualify.

OTHER NEWS YOU CAN USE >>>

- Did you know that the Senior Center can help transport you to your medical appointments? We have transportation available if you are home bound or if you need accompaniment to an appointment. Availability is limited to several factors. Please call at least 48 hours in advance to see if your appointment can be accommodated. We are unable to transport to the Front Range, including Denver. To schedule a trip, ask for Judy at 486-1774.
- **Fall Trip Planned:**
Grand Canyon, Las Vegas & the Hoover Dam: \$729. 8 days and 7 nights per person, double occupancy. Sept. 29-Oct 6, 2018. Deposit (\$75) is due June 16, 2018. For more information, please contact: Debbie Lysne at 719-293-0398. Diamond Tours.
- Did you know that you can submit information for the newsletter? Or that you can make suggestions on the news you want to read about? Or maybe you know of an activity that most would enjoy. Email your news or suggestions to: LakeCountySeniorCenter@gmail.com. Your content may be edited and condensed due to limited space.

VOLUNTEER SPOTLIGHT >>>



Tim Diamond

by: Judy Mayne

“You need to move to Leadville. That’s where the people live,” said a hotel clerk in Frisco upon check-out. And that’s how Tim found Leadville! He has lived here since fall of 2017 and is a faithful dishwasher at the Senior Center. Tim was raised in central N.Y. and has lived an interesting life, full of twists and turns. He was drafted into the Army in 1969 but did not have to serve in Vietnam. Later, Tim spent some time in Canada at a Seminary. It only took him 4 years to realize that he did not want to be a priest and left the Seminary for a calling to teach, write and ponder the meaning of social life. Tim obtained his Masters Degree and Ph.D. from Ohio State. He was a tenured professor at Cal State and spent 8 years teaching at Northwestern and at other schools. Forty years of teaching Sociology and Gerontology. Wow! We appreciate you Tim!